

# 2025 Ascension Saint Thomas Comprehensive Cardiovascular Update

Collaborative Care  
in Cardiology

Presented by  
Ascension Saint Thomas  
Office of Continuing Medical Education

**Saturday, August 16, 2025**

JW Marriott Nashville  
201 8th Avenue S  
Nashville, Tennessee 37203



Ascension Saint Thomas

# 2025 Ascension Saint Thomas Comprehensive Cardiovascular Update

## Collaborative Care in Cardiology

### Course Information

Please join us at the stunning JW Marriott in Nashville, Tennessee, for our annual conference, offering a comprehensive update on the latest advancements in cardiovascular care. This year's event will highlight Collaborative Care in Cardiology, featuring sessions on cardiovascular surgery, electrophysiology, structural cardiology, vascular cardiology, imaging, coronary interventions, heart failure, and women's heart health. This education is designed to support the needs of cardiovascular specialists, general cardiologists, nurse practitioners, physician assistants, and other healthcare professionals involved in the collaborative management of patients with cardiovascular disease.

### Agenda

7:00 a.m.	<b>Conference Check-In</b>
7:35 a.m.	<b>Welcome &amp; Course Introduction</b> <i>Jimmy L. Kerrigan, MD, FACC, FSCAI, RPVI</i>
<b>Keynote Address</b>	
7:40 a.m.	<b>Leading our CV Teams</b> <i>Cathleen Biga, MSN, FACC</i>
<b>Women's Heart Health</b>	
8:25 a.m.	<b>No Taxation Without Representation</b> <i>Amber M. Edwards, MD</i>
8:40 a.m.	<b>CMD: A Witchcraft. Does Not Add Anything to My Patient Care</b> <i>Nishtha Sareen, MD, MPH, FACC, FSCAI</i>
9:00 a.m.	<b>Cardiovascular Considerations During the Perimenopausal and Menopausal Phase</b> <i>Hannah L. Fish-Trotter, MD</i>
9:20 a.m.	<b>Panel Q&amp;A</b>
9:30 a.m.	<b>Break</b>
<b>Electrophysiology</b>	
9:45 a.m.	<b>Zapping AF Safely: What Primary Care and Cardiology Teams Should Know About Pulsed-Field Ablation &amp; Concomitant Care</b> <i>Daniel W. Kaiser, MD</i>
10:00 a.m.	<b>Atrial Fibrillation Surgery: Old Problem, New Tricks</b> <i>Amber M. Edwards, MD</i>
10:15 a.m.	<b>Premature Ventricular Contractions (PVCs): We Can and Should Help</b> <i>Ricardo M. Lugo, MD</i>
10:30 a.m.	<b>Panel Q&amp;A</b>
<b>Heart Failure</b>	
10:40 a.m.	<b>The Shock World Gets a Jolt: Up to Date Guidelines and Practices</b> <i>J. Barr Biglane, MD</i>
11:00 a.m.	<b>Integration of Palliative Care Into the Care of Heart Failure Patients</b> <i>Sarah R. Fremont, MD</i>
11:20 a.m.	<b>Cardiomyopathies</b> <i>Kemal M. Akat, MD, PhD</i>
11:40 a.m.	<b>Panel Q&amp;A</b>
11:50 a.m.	<b>Lunch</b>
<b>Interventional Cardiology</b>	
12:35 p.m.	<b>Review of Recent Clinical Trials on Coronary Artery Disease</b> <i>Roshan Bista, MD</i>
12:55 p.m.	<b>Aortic Regurgitation and Aortopathy: Multimodality Imaging Aligned with Guidelines</b> <i>Sasan Ryan Raissi, MD</i>

1:15 p.m.	<b>Novel Therapies for Aortic Regurgitation</b> <i>M. Andrew Morse, MD</i>
1:35 p.m.	<b>Panel Q&amp;A</b>
<b>Imaging</b>	
1:45 p.m.	<b>CCTA Imaging - Where We Are &amp; Where We're Heading</b> <i>Andrew O. Zurick, III, MD, FACC, FASE, FSCMR</i>
2:05 p.m.	<b>Obsolete to Optimal: How Cardiac PET is Replacing SPECT in Contemporary Cardiology</b> <i>Sasan Ryan Raissi, MD</i>
2:25 p.m.	<b>Panel Q&amp;A</b>
2:35 p.m.	<b>Break</b>
<b>Vascular Cardiology</b>	
2:50 p.m.	<b>ABI: Is It a Good Screening Tool?</b> <i>Gary W. Yawn, Jr., MD</i>
3:02 p.m.	<b>PVD Guidelines (or everything you need to know about PVD but were afraid to ask in 12 minutes)</b> <i>Mark Koenig, MD, FACC, FSCAI</i>
3:14 p.m.	<b>Under Pressure - Modern Hypertension Management</b> <i>Hady T. Lichaa, MD, FACC, FSCAI, FSVI, RPVI</i>
3:26 p.m.	<b>Panel Q&amp;A</b>
<b>Cardiovascular Prevention</b>	
3:35 p.m.	<b>We Have Hit a Nerve - Updates in Renal Denervation</b> <i>Amit N. Keswani, MD, FACC, FSCAI</i>
3:55 p.m.	<b>Move!!! What is the Role of Exercise in Reducing CV Risk?</b> <i>Andrew O. Zurick, III, MD, FACC, FASE, FSCMR</i>
4:15 p.m.	<b>GLP1RA's - The Cool Kids on the Block</b> <i>Mary McClure, PharmD</i>
4:35 p.m.	<b>Panel Q&amp;A</b>
4:45 p.m.	<b>Closing Remarks</b> <i>Jimmy L. Kerrigan, MD, FACC, FSCAI, RPVI</i>

### Accreditation and Credit Statements

Ascension Saint Thomas is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



Ascension Saint Thomas designates this live activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 8.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Successful completion of this CME activity enables the learner to earn credit toward the CME requirements of the American Board of Thoracic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABTS credit.

Allied Health Professionals and other learners will receive a Certificate of Participation following this course.

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### Course Directors

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Co-Director, Pulmonary Embolism Response Team  
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### Keynote Presenter

**Cathleen Biga, MSN, FACC**

President  
American College of Cardiology  
President and CEO  
Cardiovascular Management of Illinois

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To register, please scan the QR code or visit our website, [ast.cloud-cme.com](http://ast.cloud-cme.com). If you had an account on our previous site and are accessing this site for the first time, please click "Sign In" and "Forgot Your Password?" to reset your password. If you have never received credits from AST CME, please create a new account. Registration fees include food, beverages, and educational presentations. If you do not receive a confirmation email upon registration, please email [Katlyn.Mallicoat@ascension.org](mailto:Katlyn.Mallicoat@ascension.org).



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**Special Accommodations**

Ascension Saint Thomas believes that participation should be available for all individuals. If you are in need of individualized accommodations, please contact the Ascension Saint Thomas Office of Continuing Medical Education at [astcme@ascension.org](mailto:astcme@ascension.org).

**Nashville Lodging**

Registrants are responsible for making their own reservations. To reserve a room at the JW Marriott Nashville with the Ascension Saint Thomas room block, please visit the link below and make your reservation no later than July 16th to secure the discounted rate.

<https://book.passkey.com/go/Ascension2025>

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**Registration Form**  
**for Email, Fax, or U.S. Mail**

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\*If you register as an Ascension Saint Thomas Non-Physician Associate for \$0.00 and you are not able to attend, you must cancel your registration by Friday, August 1st. **If you do not cancel by August 1st, you will be invoiced a fee of \$50.00.** If you wish to cancel, please email [astcme@ascension.org](mailto:astcme@ascension.org).

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- **Make check payable to Ascension Saint Thomas and mail with form to:**  
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**Cancellation Policy**

If it is necessary to cancel your registration, please email [astcme@ascension.org](mailto:astcme@ascension.org) by Friday, August 1, 2025. We will refund your fee less \$50.00. No refund will be given after Friday, August 1, 2025.

*If you happen to receive more than one brochure,  
please share with a colleague. Thank you!*





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